

Shadle Park Cross Country 2023 Event/Meet Schedule

<u>Date</u>	<u>Event/Meet</u>	<u>Location</u>	<u>Start Time</u>	<u>Who</u>
Monday, August 21	1st Day of Practice	Shadle Park	8:00-10:00 AM	Everyone
Wednesday, August 23	Parent Meeting	Shadle Park	6:00 PM	Parents
Thursday, August 24	Spike Night Fleet Feet North	Fleet Feet North	5:30-7:00 PM	Everyone
Saturday, September 9	Highlander Invitational	Shadle Park	9:00 AM	Everyone
Wednesday, September 13	GSL#1 vs East Valley	East Valley Course (TBA)	4:00 PM	Everyone
Saturday, September 16	Fort Steilacoom Invitational	Tacoma, WA	TBD	Varsity
Wednesday, September 20	GSL#2 vs Rogers at Shadle	Shadle Park	4:00 PM	Everyone
Saturday, September 23	CAN-AM or Lake Spokane Invitational	Kettle Falls or Riverside, WA	TBD	Everyone
Saturday, September 30	Battle for the 509 Invitational	Airway Heights	9:00 AM	Everyone
Wednesday, October 4	GSL#3 vs Pullman	Shadle Park	3:00 PM	Everyone
Saturday, October 7	Hole in the Wall Invitational	Arlington, WA	9:00 AM	Varsity
Wednesday, October 18	GSL#4 vs Clarkston and West Valley	Clarkston, WA	3:30 PM	Everyone
Saturday, October 21	JV/Freshman Championships at Mead	Mead High School	TBD	JV/Freshman
Saturday, October 28	GSL District Championships	TBD	TBD	Varsity
Saturday, November 4	State Championships in Pasco	Pasco, WA	TBD	Varsity
Saturday, November 11	NXR NW Regional Championship	Boise, ID	TBD	TBD

GSL Meet Race Order (JV B, JV G, V B, V G)

Bold = Home Meet